

# Welcome to Kitchener Kicks Martial Arts Centre

PRESENTS

## TAIJIBOXING

Weapons and Applications Seminar Series



**Sunday MARCH 27TH 9:00 A.M. 12:00 "Tsunami whirlwind Fan Form"**



This Martial art Fan Form Combines movement from both Korean Style Fan Form and Classical Chinese Gung fu Fan Form.



It requires speed Timing balance and Good footwork, and can be used for both demonstration as well as competition Fan form.

It has kicks ,blocks ,redirects, attacking and defending both high and low gates.

It is recommended for both advance and intermediate level martial artist from any style.

50 Ottawa St. S., Unit 111. Kitchener, N2G 3S7

Corner of Charles st and Ottawa. 519 741-5425 Contact Sifu Dave Hacketts MORNING: \$35 (Tsunami Fan

AFTERNOON: \$35 "The art of effective kicking"

**\$65 complete workshop.**

(Members 10% off)

**PHONE: 519 – 741 – KICK (5425)**

info@kitchenerkicks.ca

# Welcome to Kitchener Kicks Martial Arts Centre

## TAJIBOXING

Weapons and Applications Seminar Series  
TAJIBOXER'S THE ART OF EFFECTIVE KICKING”  
SUNDAY March 27TH 13:00- 17:00 2011



This workshop combines various style of both defensive and offensive kicks!  
This allows each practitioner to enhance their own kicking styles for both practical self



defense situations. And can also be used in a competition style events and performances.  
Sifu Dennis Pounall has a great variety of experience in Korean, Japanese, Chinese ,and  
Indonesian style,kicking techniques and will guide each participant to develop their own  
unique approach to the application of effective kicking.!!

Contact: sifu Dave Hacketts@ 50 Ottawa st,unit 1111,Kitchener  
Corner of Charles st and Ottawa. 519 741-5425

[Info@kitchenerkicks.ca](mailto:Info@kitchenerkicks.ca)

# Kitchener Kicks

## Martial Arts Centre

For details please contact Sifu Dave Hacketts

9am- 12:00 "Tsunami whirlwind Fan form" "The Art of Effective Kicking" 2-5pm

**MORNING: \$35 ( Tsunami Fan FORM)**

**AFTERNOON: \$35 "The art of effective kicking"**

**\$65 complete workshop.**

**(Members 10% off)**

**For registration information**

**Contact: Sifu David Hackett**

**PHONE: 519 – 741 – KICK (5425)**

**E-MAIL: [info@kitchenerkicks.com](mailto:info@kitchenerkicks.com)**