

3 FIRES MARTIAL ARTS ACADEMY

Safe and affordable martial arts training for the whole family

Present

Taijiboxer's Seminar on the Nan Dao Sword Form



This is a sword form that combines elements from both Chinese sword forms and Korean sword play. It is a practical form with real Combat application techniques. And is both aesthetically pleasing and invigorating to perform. It can be used for both performance, and Practical demonstrations or simply as a good exercise in weapons training.

Please Contact: Sensei francesca morabito

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\$65 complete workshop.

(Members 20% off)

